

# Eating with Jesus



**Talk 3 – Breaking Bread at Emmaus**



# Our vision...

- Real
  - Relational
    - Relevant

To make Jesus known through  
being REAL, building  
RELATIONAL community  
& keeping faith RELEVANT





# Breaking Bread at Emmaus

## Luke 24 v 13:24

<sup>13</sup> Now that same day two of them were going to a village called Emmaus, about seven miles<sup>[a]</sup> from Jerusalem. <sup>14</sup> They were talking with each other about everything that had happened. <sup>15</sup> As they talked and discussed these things with each other, Jesus himself came up and walked along with them; <sup>16</sup> but they were kept from recognizing him. <sup>17</sup> He asked them, **“What are you discussing together as you walk along?”** They stood still, their faces downcast. <sup>18</sup> One of them, named Cleopas, asked him, “Are you the only one visiting Jerusalem who does not know the things that have happened there in these days?” <sup>19</sup> **“What things?”** he asked. “About Jesus of Nazareth,” they replied. “He was a prophet, powerful in word and deed before God and all the people. <sup>20</sup> The chief priests and our rulers handed him over to be sentenced to death, and they crucified him; <sup>21</sup> but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place. <sup>22</sup> In addition, some of our women amazed us. They went to the tomb early this morning <sup>23</sup> but didn’t find his body. They came and told us that they had seen a vision of angels, who said he was alive. <sup>24</sup> Then some of our companions went to the tomb and found it just as the women had said, but they did not see Jesus.”



# Breaking Bread at Emmaus

## Luke 24 v 25:35

<sup>25</sup> He said to them, **“How foolish you are, and how slow to believe all that the prophets have spoken! <sup>26</sup> Did not the Messiah have to suffer these things and then enter his glory?”** <sup>27</sup> And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself. <sup>28</sup> As they approached the village to which they were going, Jesus continued on as if he were going farther. <sup>29</sup> But they urged him strongly, “Stay with us, for it is nearly evening; the day is almost over.” So he went in to stay with them. <sup>30</sup> When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. <sup>31</sup> Then their eyes were opened and they recognized him, and he disappeared from their sight. <sup>32</sup> They asked each other, “Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?” <sup>33</sup> They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together <sup>34</sup> and saying, “It is true! The Lord has risen and has appeared to Simon.” <sup>35</sup> Then the two told what had happened on the way, and how Jesus was recognized by them when he broke the bread.



# Breaking Bread at Emmaus

This Journey was both:

*1. Literal 2. Spiritual*

*The two disciples – Cleopas + An Other*

The spiritual aspect also applies to our Journey of Faith

The difficult experiences of life  
Where is Jesus? We can't see Him

He opens our spiritual eyes to His promises in the scriptures



# Breaking Bread at Emmaus

Jesus acts:

## 1. Jesus seeks them and us

The disciples knew who Jesus was and knew a lot about Him *BUT* they didn't recognise Him on the journey

What about us?

The disciples were being taught lessons about trusting God's promises.

They had preconceived ideas about Jesus.

Do we trust God's promises or have any preconceived ideas about Jesus?



# Breaking Bread at Emmaus

Jesus acts:

## 1. Jesus seeks them and us (cont)

Their faith was weak – They had reports from the women and Peter & John that Jesus had risen from the grave, but could not believe themselves.

How is our faith?

Many today know *about* Jesus but they *do not know Him personally*.

## 2. Jesus opens their eyes

V 27 – He uses the Old Testament to show them the prophecies about himself



# Breaking Bread at Emmaus

Jesus acts:

## 2. Jesus Opens their eyes (cont)

Perhaps the following?:

2.1 Genesis 3 v 15(b) ....“he will crush your head and you will strike his heel.”

2.2 Genesis 22 – Abraham & Isaac

2.3 Deuteronomy 18 v 15 – “The Lord your God will raise up for you a prophet like me from among your own brothers.”

2.4 – Isaiah 7 v 14 – “Therefore the Lord himself will give you a sign; the virgin will be with child and will give birth to a son and you will call him Immanuel.” (God with us)





# Breaking Bread at Emmaus

**Jesus acts:**

## **2. Jesus Opens their eyes (cont)**

**Perhaps the following?:**

**2.5 Isaiah 53 v 3 & 7 “He was despised and rejected by men, a man of sorrows and familiar with suffering. Like one from whom men hide their faces he was despised, and we esteemed him not.....**

**He was oppressed and afflicted yet he did not open his mouth; he was led as a lamb to the slaughter and as a sheep before her shearers is silent, so he did not open his mouth.**



# Breaking Bread at Emmaus

**Jesus acts:**

## **2. Jesus Opens their eyes (cont)**

**Perhaps the following?:**

**2.6 Zechariah 12 v 10 – “And I will pour out on the house of David and the inhabitants of Jerusalem a spirit of grace and supplication . They will look on me, the one they pierced and they will mourn for him as one mourns for an only child and grieves bitterly for him as one grieves for a firstborn son.”**



# Breaking Bread at Emmaus

Jesus acts:

### 3. Jesus reveals himself

To the two disciples at the meal – v 30:31

Their *eyes were opened* when he broke the bread and they recognised Jesus.

This was the first post-resurrection meal celebrated by Jesus.

We need an *Emmaus Road revelation of Jesus*

### 4. Jesus empowers them to share His presence

They go at once back to Jerusalem changed people.



# Eating with Jesus



**From the Gospel of Luke**

Eating with Jesus

• Real • Relational • Relevant



# The Lord's Prayer

**Our Father in heaven,**

**Hallowed be your name**

**Your kingdom come, Your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation but deliver us from evil.**

**For the kingdom, the power and the glory are Yours  
now and for ever.**

**Amen.**

