



# LINGER FOR PEACE

**22** Some time later God tested Abraham. He said to him, “Abraham!”

“Here I am,” he replied.

**2** Then God said, “Take your son, your only son, whom you love—Isaac—and go to the region of Moriah. Sacrifice him there as a burnt offering on a mountain I will show you.”

**3** Early the next morning Abraham got up and loaded his donkey. He took with him two of his servants and his son Isaac. When he had cut enough wood for the burnt offering, he set out for the place God had told him about. **4** On the third day Abraham looked up and saw the place in the distance. **5** He said to his servants, “Stay here with the donkey while I and the boy go over there. We will worship and then we will come back to you.”

<sup>6</sup> Abraham took the wood for the burnt offering and placed it on his son Isaac, and he himself carried the fire and the knife. As the two of them went on together, <sup>7</sup> Isaac spoke up and said to his father Abraham, “Father?”

“Yes, my son?” Abraham replied.

“The fire and wood are here,” Isaac said, “but where is the lamb for the burnt offering?”

<sup>8</sup> Abraham answered, “God himself will provide the lamb for the burnt offering, my son.” And the two of them went on together.

<sup>9</sup> When they reached the place God had told him about, Abraham built an altar there and arranged the wood on it. He bound his son Isaac and laid him on the altar, on top of the wood. <sup>10</sup> Then he reached out his hand and took the knife to slay his son. <sup>11</sup> But the angel of the LORD called out to him from heaven, “Abraham! Abraham!”

“Here I am,” he replied.

<sup>12</sup> “Do not lay a hand on the boy,” he said. “Do not do anything to him. Now I know that you fear God, because you have not withheld from me your son, your only son.”

<sup>13</sup> Abraham looked up and there in a thicket he saw a ram caught by its horns. He went over and took the ram and sacrificed it as a burnt offering instead of his son. <sup>14</sup> So Abraham called that place The LORD Will Provide. And to this day it is said, “On the mountain of the LORD it will be provided.”

<sup>15</sup> The angel of the LORD called to Abraham from heaven a second time <sup>16</sup> and said, “I swear by myself, declares the LORD, that because you have done this and have not withheld your son, your only son, <sup>17</sup> I will surely bless you and make your descendants as numerous as the stars in the sky and as the sand on the seashore. Your descendants will take possession of the cities of their enemies, <sup>18</sup> and through your offspring all nations on earth will be blessed, because you have obeyed me.”

A serene sunset over a vast, calm ocean. The sun is a bright, glowing orb on the horizon, casting a shimmering path of light across the water's surface. The sky is a mix of soft blues and oranges, with wispy white clouds scattered throughout. The overall mood is peaceful and hopeful.

DEATH IS NOT FATAL!

# **Peace to the man in the street**

Being fit and healthy

Having a secure, well paid job

Having money

Having a nice, safe home

Having a loving wife

Having obedient, respectful children

Having good neighbours

<sup>25</sup> “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? <sup>26</sup> Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? <sup>27</sup> Can any one of you by worrying add a single hour to your life?

<sup>28</sup> “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. <sup>29</sup> Yet I tell you that not even Solomon in all his splendor was dressed like one of these. <sup>30</sup> If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?

<sup>31</sup> So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' <sup>32</sup> For the pagans run after all these things, and your heavenly Father knows that you need them. <sup>33</sup> But seek first his kingdom and his righteousness, and all these things will be given to you as well. <sup>34</sup> Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

All shall be well, and all shall be  
well, and all manner of thing shall  
be well...for there is a Force of love  
moving through the universe that  
holds us fast and will never let us go.

-  
Julian of Norwich



<sup>22</sup> Are they Hebrews? So am I. Are they Israelites? So am I. Are they Abraham's descendants? So am I. <sup>23</sup> Are they servants of Christ? (I am out of my mind to talk like this.) I am more. I have worked much harder, been in prison more frequently, been flogged more severely, and been exposed to death again and again. <sup>24</sup> Five times I received from the Jews the forty lashes minus one. <sup>25</sup> Three times I was beaten with rods, once I was pelted with stones, three times I was shipwrecked, I spent a night and a day in the open sea,

<sup>26</sup> I have been constantly on the move. I have been in danger from rivers, in danger from bandits, in danger from my fellow Jews, in danger from Gentiles; in danger in the city, in danger in the country, in danger at sea; and in danger from false believers. <sup>27</sup> I have labored and toiled and have often gone without sleep; I have known hunger and thirst and have often gone without food; I have been cold and naked. <sup>28</sup> Besides everything else, I face daily the pressure of my concern for all the churches. <sup>29</sup> Who is weak, and I do not feel weak? Who is led into sin, and I do not inwardly burn?

<sup>4</sup> Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your gentleness be evident to all. The Lord is near. <sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

<sup>8</sup> Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. <sup>9</sup> Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Phil 4.4-9

# **Steps to peace based on Paul's teaching**

1. Bring our concerns to God in Prayer
2. Cultivate a habit of Thanksgiving
3. Change the content of our thought life
4. Change the soundtrack of our lives
5. Find encouragement from friends

You see more when you are cycling than when you are driving.

You see more when you are walking than when you are cycling.

You see most when you are sitting still.